

THE KWAJALEIN HOURGLASS



Got the blues?

— Page 6

(Ariana Johnson, 9, helps Jabkiek Jibke weave a mat at the Manit Day celebration Saturday at George Seitz Elementary School.

For more, see Page 4.)

(Photo by Elizabeth Davie)

Be careful what you wish for, it might come true

Russian President Vladimir Putin recently said the breakup of the Soviet Union was the worst tragedy in the history of mankind.

His statement was met with ridicule, disbelief and scorn around the world.

How could the end of the "evil empire" be a bad thing?

But maybe, he knew what he was talking about.

During the Cold War, as dark as those days were, terrorism was sporadic at best. Most of it took place in Israel and since a lot of countries disliked Israel, it didn't raise much of a stink. Of course, there was the Irish Republican Army in Northern Ireland who sometimes planted bombs in London, but for most of the world, terrorism wasn't much of a blip on the radar screen.

Then the Soviet Union invaded Afghanistan in 1979 and the Afghan and foreign fighters who fought a guerrilla-type hit-and-run war against the Soviets called themselves mujahadeen (holy warriors). They considered the fight a holy war and formed the core of what later became Al Qaeda. The Soviets, bloodied and worn out after 10 years of fighting, withdrew from Afghanistan in 1989 leaving a well-organized, well-armed Al Qaeda behind.

The United States government backed the mujahadeen during the war because they were fighting the Soviet Union and we cheered them on, giving them rocket-propelled grenades, artillery, Stinger missiles that could take down Soviet helicopters and fighter jets, explosives and small arms. We snickered at how those poor, ignorant people humiliated the mighty Soviet army in the rugged mountainous terrain. Hmmm. Could that have been a mistake? Of course, there was a man named Osama Bin Laden running around Afghanistan building a following for his extremist, kill-the-infidels view.

The Way I See It

Dan Adler
Staff Writer



Many believe the defeat in Afghanistan started the Soviet Union on the downward spiral to its breakup in 1991. Afterwards, Afghanistan, Uzbekistan, Tajikistan and the other 'stans' that had been under Soviet control became havens for Islamic fundamentalists and extremists.

So it seems all that support to the mujahadeen has come back to bite us in the behind doesn't it? You almost have to ask if it would have been better for the world if we hadn't helped the mujahadeen and the Soviets had won the war and controlled that wild, mountain country and its tribes and warlords? Maybe even captured or killed Bin Laden?

If the Soviet Union still existed, would we actually be safer today? Is the world more dangerous now?

The Soviets would have their nukes and know where they are and we would have our nukes and know where they are and out-of-work Soviet nuclear scientists wouldn't be selling their knowledge around the world and we wouldn't be worrying about a terrorist setting one off in our cities.

Of course, the countries in Eastern Europe that were freed from Soviet domination after 40 years might disagree with that. They might think it was worth the trade-off.

But terrorism affects the whole world in one way or another. If the world economy should ever collapse because of terrorist activities, would the people in those countries still be better off?

I'm not saying it would be a good thing if the Soviet Union still existed, but it's interesting to speculate. Considering what's happened in the world since then, their breakup might have been a case of 'be careful what you wish for, it might come true.'

The Kwajalein Hourglass

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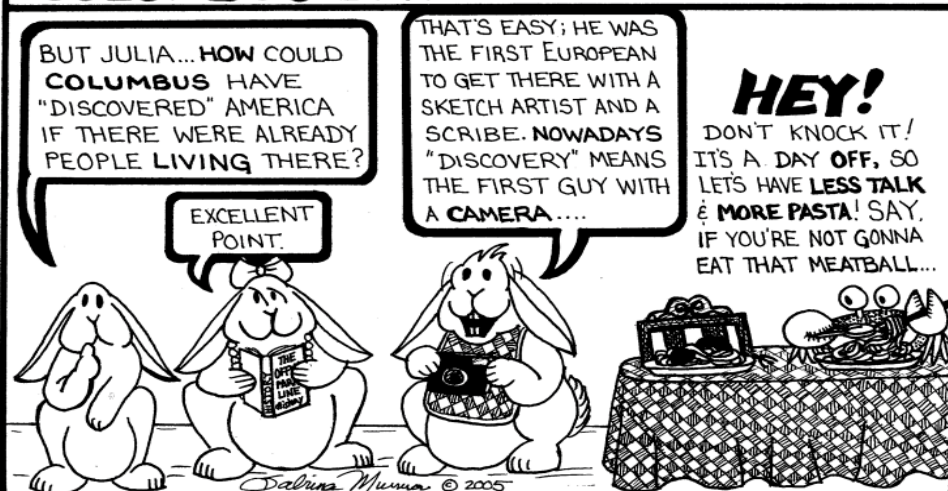
The Hourglass is named for the insignia of the U.S. Army 7th Infantry Division, which liberated the island from the forces of Imperial Japan on Feb. 4, 1944.

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Buckminster and Friends — Sabrina Mumma

CHAPTER 251: O'NEIL NEEDS SOME CLARIFICATION ABOUT THE ORIGINS OF COLUMBUS DAY.



Focus

Joint Chiefs Chairman gives priorities, guidance

By Jim Garamone
American Forces Press Service

The war on terror underlies every word in the Chairman's Guidance to the Joint Staff.

Marine Gen. Peter Pace, who took office as the 16th Joint Chiefs chairman on Friday, issued the guidance so members of the Joint Staff would understand his priorities and focus on what he considers important in the coming years, said defense officials.

Pace reiterates in a number of places in the guidance that he considers the war on terror to be winnable, but will be "a war of long duration."

Pace's guidance is subtitled "Shaping the Future." He said that while the emphasis must be on the war on terror, the U.S. military must be ready for any eventuality.

Pace's priorities are concise and mutually supporting. At the top is winning the war on terror.

"Our enemies are violent extremists who would deny us, and all mankind, the freedom to choose our own destiny," Pace wrote in the guidance. "Finding this distributed, loosely networked enemy is the greatest challenge we face."

The U.S. will meet and beat the enemy on the battlefield, but that is not enough, he said. Building better economies, encouraging good government and assisting governments as they live by the rule of law will help the world shape "an environment that precludes the flourishing of terrorism, much as a healthy body rejects the onslaught of disease."

The United States must harness all elements of national and international power to stop terrorists and stop young people from wanting to join jihadist organizations. "My military advice to our nation's leaders will favor recommendations that integrate and coordinate our efforts with the work of others fighting this war," Pace wrote. "Through closer coordination within the Department of Defense and interagency (cooperation) we maximize the impact of our military power and build trust, synergy and momentum."

His second priority is to speed up transformation processes within the military. Changing the old mindset is the most important aspect of this change. He wrote that at its heart, transformation "is a willingness on the part of the individual and the organization to embrace innovation and accept analyzed risk."

His third priority is to strengthen joint-warfighting capability. He said the U.S. military must transition "from an interoperable to an interdependent force." The fights in Afghanistan and Iraq have been more joint than any before, officials said. Still, much more can — and must be — done.

Pace said this move toward jointness does not mean a



Gen. Peter Pace, U.S. Marine Corps, joined Secretary of Defense Donald H. Rumsfeld in fielding questions from the audience in a Pentagon town hall meeting on March 18. Pace took office as chairman of the Joint Chiefs of Staff Friday.

DoD photo by R. D. Ward

diminution of the service cultures. "I want you to bring your service perspective to the decision process," he wrote. The strength of this staff, like the strength of the nation, lies in the articulation of multiple views. Individual service perspectives brought together jointly, foster better solutions, which we then execute in a joint framework."

His final priority is to improve the quality of life for servicemembers and their families. "Bringing our people home alive and intact is Quality of Life Job No. 1," he wrote. "The best leadership, the most innovative tactics, the best equipment and the best force protection are indispensable to this goal."

Marshallese culture comes to life at elementary school

By Mig Owens
Assistant editor

Smiling faces and fast-moving feet filled the George Seitz Elementary School Music Room Saturday as close to 40 dancers demonstrated their skills and love of Marshallese music.

The room was but one stop on a course that sent students from kindergarten through sixth grade rotating through 11 sessions spread throughout the school; each session was designed to bring the Marshallese culture to life in celebration of Manit Day.

Topics explored by students included weaving, coconut husking, medicinal plants, Marshallese medicine, navigation, astronomy, rice ball making, chanting, legends, shells, tattoos and language.


Stations were staffed with Marshallese volunteers who regularly work on Kwajalein, special guests from Ebeye and high school students.

The afternoon was full of firsts for Emma Conrad, 10, who had not tasted coconut juice or rice balls, seen Marshallese dancing or tried weaving palm fronds.

"I'm amazed at how they can live off the palm trees...I have a different respect for them," she said of the Marshallese.

Angie Sinnott, English as a Second Language teacher, headed the Manit Day committee of five teachers. She explained that the day was about exposing students to culture, tradition and customs and that this year an added emphasis was placed on participation.

"I think it's not just appropriate but important that we learn about the traditions and culture of the people of



Rosalynn Ysawa, 10, participates as one of the many dancers in the Manit Day celebration Saturday at George Seitz Elementary School.

(Photos by Elizabeth Davie)



Mathilda Capelle explains a little about Marshallese food to the classroom full of students.

our host country. Where better place to start than the kids on Kwaj?" she said.

Sinnott added that this fall holiday serves to acknowledge Marshallese customs and that in the spring, students and teachers participate in the Marshallese Cultural Experience, which is a more in-depth study that she said, "lets them do something with what they learned."

While standing in line to learn about coconut husking, Marc Ray, 11, twisted palm fronds to create a custom whip; a departure from the 'Buggy Whip' design taught by Lei Mamo, 13, and Irene Furge-



Austin Butler, 9, tries his hand at weaving.

“ I think it's not just appropriate but important that we learn about the traditions and culture of the people of our host country. ”

— Angie Sinnott, ESL teacher

son, 16, at the weaving session.

"It's cool what you can make out of the palm fronds," he said, citing weaving as his favorite station. Unable to attend the previous year because of allergies, Ray said he particularly looked forward to trying the rice balls because he said, "last year my friends told me they were good!"

Nearby in the Latchkey Room, those same rice balls, called 'Juk-Juk,' were making a hit with students as they were rolled in coconut and devoured. Dubbed the 'Rice Ball Lady Lovers,' the instructors were Mathilda Capelle, Rose Ysawa, Naomi Stephen and Gayle Pount.

"Why is the coconut tree important?" Capelle asked students. "Because it gives drink and food."

See MARSHALLESE, Page 12

Taking care *Depression affects mind, body*

By Amanda Curtis, RN and Inge LeBlanc, RN, CCRN
Kwajalein Hospital

On Kwajalein we have a beautiful blue sky, blue ocean, blues in the fishes and giant clams in the lagoon...but sometimes blue is not the best color to describe our mood. Thursday is National Depression Screening Day.

Just blue?

A depressive disorder is not the same as a passing blue mood. It is not a sign of personal weakness or a condition that can be willed or wished away. People with a depressive illness cannot merely "pull themselves together" and get better. A depressive disorder is an illness that involves not only mood and thoughts, but also the body. It affects the way a person eats and sleeps, feels about themselves and thinks about things. Without treatment, symptoms can last for weeks, months or years. Appropriate treatment can help most people who suffer from depression. Not everyone who is depressed experiences every symptom. Some people experience a few symptoms, some many. Severity of symptoms varies with individuals and over time. Things to look out for include:

- Persistent sad, anxious or "empty" mood
- Feelings of hopelessness, pessimism, guilt, worthlessness or helplessness
- Restlessness or irritability
- Loss of interest or pleasure in hobbies and activities that were once enjoyed
- Decreased energy, fatigue or being "slowed down"
- Difficulty concentrating, remembering or making decisions
- Insomnia, early-morning awakening or oversleeping
- Appetite and/or weight loss or overeating and weight gain
- Thoughts of death or suicide; suicide attempts
- Persistent physical symptoms that do not respond to treatment, such as headaches, digestive disorders

and chronic pain.

Facts about depression

- In the United States, depression affects nearly 7 percent of men. It remains unclear whether depression is actually less common among men, or if men are just less likely to recognize and acknowledge the symptoms than women.

- Women from 18 to 45 account for the largest proportion of people suffering from depression.

- Depression affects more than 6.5 million of the 35 million Americans who are 65 or older.

- Overall, approximately 20 percent of youth will have one or more episodes of major depression by the time they become adults.

- Children of depressed parents have more difficulty relating to peers; have higher rates of depression and anxiety and increased rates of disruptive behavior problems.

- From 10 to 15 percent of all depressions are triggered by medical conditions such as thyroid disease, cancer, neurological problems or by medications. The use of drugs and alcohol can also cause depression.

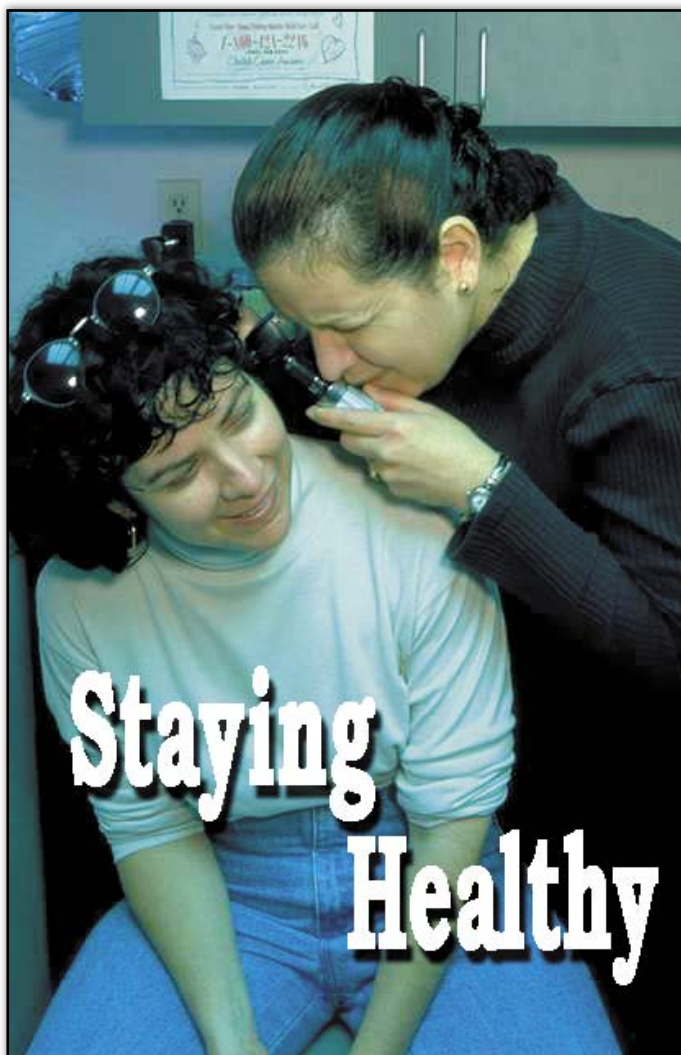
Where to get help

On Kwajalein, contact the Employee Assistance Program clinical psychologist, Marion Ruffing, MS, CEAP at 55362. Free depression screening

tools are available to help evaluate the need for further intervention and treatment.

A detailed booklet describing symptoms, causes and treatments is available from the National Institute of Mental Health's Web site at www.nimh.nih.gov or visit www.mentalhealthscreening.org for more information.

Editor's note: Many of the statistics in this article come from the National Institute of Mental Health at: www.nimh.nih.gov/publicat/depression.cfm#sup5. Taking care is a new column, provided by Curtis and LeBlanc, for the Hourglass and will appear twice a month on Wednesdays.



Thursday, October 6

Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors
12:00AM	The Late Show	Collage Football	American Morning	Roller	Late Night with Conan O'Brien	Movie: (continued)	Spongebob	Without a Trace
12:30AM	Access Hollywood	Troy				Movie: <:53>	Fairly Oddparents	
1:00AM	The Late Late Show	at			Enterprise	Patriot Games	As Told By Ginger	Pacific Report
1:30AM	with Craig Ferguson	North Texas					The Amanda Show	Tonight Show
2:00AM	Big Idea with	AMA Motorcross	MSNBC Live		C.S.I.		Gilmore Girls	w/ Jay Leno
2:30AM	Donnie Deutsch	San Bernardino, CA						The Late Show w/ David Letterman
3:00AM	Countdown with Keith Olbermann	SportsCenter	Connected: Coast to Coast		WWE Raw!	Movie:	Sister,Sister	
3:30AM						Basic	Sister,Sister	The Late Late Show
4:00AM	Headline News					Fresh Prince	with Craig Ferguson	
4:30AM	Entertainment Studios	Baseball Tonight	Movie: <:53> Don't Say a Word			Family Ties	The Big Idea with Donny Deutsch	
5:00AM	ESPNNews	College Football				Play with Sesame		
5:30AM	Headline News	Nebraska				Barney & Friends	Countdown With Keith Olbermann	
6:00AM	Today	at Iowa State	FOX News Live		Body Shaping	Sesame Street		
6:30AM					The Right Fit		Access Hollywood	
7:00AM			Studio B with Shepard Smith		The View	The Entertainers	Bear in the Big Blue	Headline News
7:30AM							Miss Spider	Entertainment Studios
8:00AM	Wheel of Fortune	MLB NLDS	Your World with Neil Cavuto		Emeril Live	Behind the Scenes	Blue's Clues	ESPNNews
8:30AM	Dr. Phil <8:26>	Houston Astros				E.T.	Dora the Explorer	Headline News
9:00AM	Oprah Winfrey <9:20>	at Atlanta Braves	The Big Story w/ John Gibson		30 Minute Meals	Movie:	Rolie Polie Olie	Good Morning
9:30AM		Game 1			Food 911	Danielle Steel's Message From Nam	The Backyardigans	America
10:00AM	Guiding Light <10:20>		Headline News		Sensible Chic	Movie: <:46> Dirty Harry	Madeline	
10:30AM			NBC Nightly News		Fashion File		Reading Rainbow	
11:00AM	General Hospital <11:10>	SportsCenter	ABC World News		E! News Live		The Backyardigans	MLB ALDS
11:30AM			CBS Evening News		Malcolm		Rolie Polie Olie	Boston Red Sox at
12:00PM	Headline News	NHL	The Newshour with Jim Lehrer		Bernie Mac		Dora the Explorer	Chicago White Sox
12:30PM	Judge Judy	NY Rangers			Girlfriends	Coming Attractions	Blue's Clues	Game 2
1:00PM	Today	at Philidelphia Flyers	Hannity & Colmes		Dawson's Creek	Movie:	Miss Spider	
1:30PM					He Said, She Said	Bear in the Big Blue		
2:00PM		Fox Report with Shepard Smith	Judging Amy			Barney & Friends	ESPNNews	
2:30PM						Play with Sesame	ESPNNews	
3:00PM	Sylvester & Tweety	MLB ALDS (JIP)	Lou Dobbs Tonight		Passions	Movie: <:10> Holiday	Funniest Videos	ABC World News
3:30PM	Tutenstein	NY Yankees at					Growing Pains	ESPNNews
4:00PM	Spongebob	LA Angels	Larry King Live		Third Watch		Pokemon	CBS Evening News
4:30PM	Batman Beyond	Game 2					Yu-Gi-Oh!	NBC Nightly News
5:00PM	Jeopardy	SportsCenter	NewsNight with Aaron Brown		The West Wing		Inside the Actors...	Disney's Doug
5:30PM	Access Hollywood					Selma Hayek	Hey Arnold!	
6:00PM	ESPNNews	SportsCenter	Headline News		The Simpsons	Coming Attractions	Spongebob	Star Trek:
6:30PM	Pacific Report		Tavis Smiley		Raymond	E.T.	Fairly Oddparents	Deep Space 9
7:00PM	Eve	MLB ALDS	Hardball with Chris Matthews		Wife Swap	Movie:	Even Stevens	Third Watch
7:30PM	Bernie Mac	Boston Red Sox				A Walk to Remember	Kenan & Kel	
8:00PM	House	at Chicago White Sox	O'Reilly Factor		America's Next Top Models	Movie: <:57> Sweet Home Alabama	Gilmore Girls	Jeopardy
8:30PM								Headline News
9:00PM	Without a Trace	Game 2	Nightline		Alias		Degrassi	ESPNNews
9:30PM			Business Report				Degrassi	Pacific Report
10:00PM	Pacific Report	SportsCenter	FOX & Friends First		Will & Grace		Fresh Prince	Two and a Half Men
10:30PM	Tonight Show				Seinfeld		Family Ties	Joey <:25>
11:00PM	W/ Jay Leno	Baseball Tonight	American Morning		The Daily Show	Movie:	7th Heaven	Medium
11:30PM	The Late Show	ESPNNews			Blind Date	U-571		

Friday, October 7

Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors	
12:00AM	The Late Show	NHL <i>Phoenix Coyotes</i>	American Morning	Roller	Late Night with Conan O'Brien	Movie: (cont.) <i>U-571</i>	Spongebob	C.S.I. Miami	
12:30AM	The Late Late Show with Craig Ferguson						Farly Oddparents		
1:00AM		<i>at</i> <i>Vancouver Conucks</i>	MSNBC Live		Wife Swap	Movie: <:08> <i>Crocodile Dundee</i>	Even Stevens	Pacific Report	
1:30AM	Big Idea with							Kenan & Kel	Tonight Show
2:00AM	Donnie Deutsch				America's Next Top Model		Gilmore Girls	w/ Jay Leno	
2:30AM	Countdown with Keith Olbermann							The Late Show	
3:00AM		SportsCenter						w/ David Letterman	
3:30AM	Access Hollywood					Alias	Movie: <i>A Walk to Remember</i>	Degrassi	
4:00AM	Headline News	Baseball Tonight	Connected: Coast to Coast		Will & Grace		Degrassi	The Late Late Show	
4:30AM	Entertainment Studios	Outside the Lines					Fresh Prince	with Craig Ferguson	
5:00AM	ESPNews	Inside the NFL	Dayside with Linda Vester		Seinfeld	Movie: <:57> <i>Sweet Home Alabama</i>	Family Ties	The Big Idea	
5:30AM	Headline News						Carol Duvall	Play with Sesame	with Donny Deutsch
6:00AM	Today	College Football <i>Miami (Ohio)</i> <i>at</i> <i>Northern Illinois</i>	FOX News Live		Room by Room		Barney & Friends	Countdown With Keith Olbermann	
6:30AM									
7:00AM				Studio B with Shepard Smith		Body Shaping		Sesame Street	
7:30AM							The Right Fit		
8:00AM	Wheel of Fortune	MLB NLDS <i>San Diego Padres</i>	Your World with Neil Cavuto		The View	Inside the Actor's ... Selma Hayek	Bear in the Big Blue	Headline News	
8:30AM	Dr. Phil <8:26>								Miss Spider
9:00AM	Oprah Winfrey <9:20>	<i>at</i> <i>St. Louis Cardinals</i>	The Big Story w/ John Gibson		Emeril Live	Coming Attractions	Blue's Clues	ESPNews	
9:30AM							E.T.	Dora the Explorer	Headline News
10:00AM	Guiding Light <10:20>	Game 2			30 Minute Meals	Movie: <i>Danielle Steel's</i>	Rolie Polie Olie	Good Morning America	
10:30AM					Low Carb & Loving it		<i>Message from Nam</i>		The Backyardigans
11:00AM	General Hospital <11:10>	4 Quarters	Headline News		Design on a Dime		Madeline		
11:30AM			NBC Nightly News			Style Star	Movie: <:47> <i>Life is Beautiful</i>	Reading Rainbow	
12:00PM	Headline News	MLB NLDS <i>Houston Astros</i>	ABC World News		E! News Live		The Backyardigans	Martin Challenge	
12:30PM	Judge Judy			CBS Evening News		Malcolm		Rolie Polie Olie	College Football
1:00PM	Today	<i>at</i> <i>Atlanta Braves</i>	Hannity & Colmes		Bernie Mac		Dora the Explorer	<i>North Carolina St.</i> <i>at</i> <i>Georgia</i>	
1:30PM							Girlfriends		
2:00PM		Game 2	Fox Report with Shepard Smith		Dawson's Creek	Movie <i>Flashdance</i>	Miss Spider		
2:30PM								Bear in the Big Blue	
3:00PM	Lilo & Stitch	SportsCenter	Lou Dobbs Tonight		Judging Amy	Movie: <:47> <i>Frantic</i>	Barney & Friends		
3:30PM	Oh Yeah! Cartoons								Play with Sesame
4:00PM	Sabrina	Baseball Tonight	Larry King Live		Passions		Funniest Videos	ABC World News	
4:30PM	Nick News			Outside the Lines				Growing Pains	ESPNews
5:00PM	Jeopardy	NFL Game of the Week	NewsNight with Aaron Brown		Third Watch		Pokemon	CBS Evening News	
5:30PM	Access Hollywood							Yu-Gi-Oh!	NBC Nightly News
6:00PM	ESPNews	SportsCenter	Headline News		The West Wing	The Directors	Disney's Doug	Judging Amy	
6:30PM	Pacific Report			Tavis Smiley			Hey Arnold!		
7:00PM	Two and a Half Men	PGA <i>American Express Championship:</i>	Hardball		One Tree Hill	Movie: <i>Tears of the Sun</i>	That's So Raven	Third Watch	
7:30PM	Joey <:26		with Chris Matthews						All That!
8:00PM	Window on the Atoll (7:50pm) Medium (8:00pm)	<i>1st Round</i>	O'Reilly Factor		Monk		Joan of Arcadia	Jeopardy	
8:30PM									Headline News
9:00PM	C.S.I. Miami		Nightline		Frontline	Movie: <:16> <i>Drop Dead Gorgeous</i>	Sabrina	ESPNews	
9:30PM			Business Report				Will & Grace	Sabrina	Pacific Report
10:00PM	Pacific Report		Dateline NBC		Seinfeld		Fresh Prince	The Simpsons	
10:30PM	Tonight Show						Family Ties	King of the Hill	
11:00PM	W/ Jay Leno	SportsCenter	CNN Saturday Morning		The Daily Show	Movie: <i>Tap</i>	7th Heaven	Survivor: Guatemala	
11:30PM	The Late Show								Blind Date

Saturday, October 8

Time	Channel 9 AFN Prime	Channel 13 AFN Sports	Channel 14 AFN News	Channel 17 Roller	Channel 20 AFN Spectrum	Channel 23 AFN Movies	Channel 26 AFN Family	Channel 35 AFN Direct to Sailors	
12:00AM	The Late Show	Baseball Tonight	American Morning	Roller	Late Night with Conan O'Brien	Movie: (cont.)	Spongebob	The Apprentice	
12:30AM	The Late Late Show with Craig Ferguson	NFL Live				Movie: <:50>	Fairly Oddparents		
1:00AM	Big Idea with Donnie Deutsch	NFL Game of the Week			One Tree Hill	Invasion of the Body Snatchers	That's So Raven	Pacific Report	
1:30AM		Inside the NFL	MSNBC Live		Monk		All That!	Tonight Show	
2:00AM							Joan of Arcadia	w/ Jay Leno	
2:30AM	Countdown with Keith Olbermann	SportsCenter			Frontline	Movie: Tears of the Sun	Sabrina	The Late Show w/ David Letterman	
3:00AM							Sabrina	The Late Late Show	
3:30AM	Access Hollywood	Baseball Tonight	Connected: Coast to Coast		Will & Grace		Fresh Prince	with Craig Ferguson	
4:00AM	Headline News				Seinfeld		Family Ties	The Big Idea	
4:30AM	Entertainment Studios	Outside The Lines	Primetime		Carol Duvall Show	Movie: <:16> Drop Dead Gorgeous	Play with Sesame	with Donny Deutsch	
5:00AM	ESPNews	NHL			Room by Room		Barney & Friends	Countdown With Keith Olbermann	
5:30AM	Headline News	Detroit Red Wings	Body Shaping		Sesame Street		Access Hollywood		
6:00AM	Today	at St. Louis Blues	Fox News Live		The Right Fit				
6:30AM		Studio B with Shepard Smith			The View	The Directors Farrelly Brothers	Bear in the Big Blue	Headline News	
7:00AM			Baseball Tonight		Emeril Live	Ebert & Roeper	Miss Spider	Entertainment Studios	
7:30AM		Your World with Neil Cavuto				E.T.	Blue's Clues	Good Morning America	
8:00AM	Wheel of Fortune	MLB ALDS	The Big Story with John Gibson		Movie: The Lake	Rolie Polie Olie			
8:30AM	Dr. Phil <8:26>	Chicago White Sox				Headline News	The Backyardigans		
9:00AM	Oprah Winfrey <9:20>	at Boston Red Sox	NBC Nightly News		Decorating Cents	Madeline	Homes Across Amer.		
9:30AM		Game 3	ABC World News		The Look for Less	Movie: <:44> Mrs. Doubtfire	Reading Rainbow	Designed To Sell	
10:00AM	Guiding Light <10:20>	4 Quarters	CBS Evening News		E! News Live		The Backyardigans	NHL	
10:30AM	General Hospital <11:10>	MLB ALDS	The Newshour with Jim Lehrer		Malcolm		Rolie Polie Olie	Pittsburgh Penguins at Carolina Hurricanes	
11:00AM	Judge Judy	LA Angels	Hannity & Colmes		Bernie Mac		Dora the Explorer		
11:30AM		at NY Yankees	Game 3		Fox Report with Shepard Smith	Girlfriends	Blue's Clues		
12:00PM	Window on the Atoll	SportsCenter	Lou Dobbs Tonight		Dawson's Creek	Movie To Die For	Miss Spider		ESPNNews
12:30PM	Judge Judy	PGA	Hardball with Chris Matthews		Judging Amy		Barney & Friends	The Outdoorsman	
1:00PM	Today	Championship: 2nd Round	Nightline		Passions	Movie: <:57> Frenzy	Play with Sesame	Raceline	
1:30PM							Headline News	Funniest Videos	ABC World News
2:00PM							Tavis Smiley	Growing Pains	ESPNNews
2:30PM	CatDog	Baseball Tonight	Larry King Live		Third Watch		Pokemon	CBS Evening News	
3:00PM	Archie's Mysteries	Outside The Lines	NewsNight with Aaron Brown		The West Wing	True Hollywood Story	Yu-Gi-Oh!	NBC Nightly News	
3:30PM	The Cramp Twins	Pro Football Review					The Simpsons	Hollywood Shootout	Disney's Doug
4:00PM	The Shaman King	SportsCenter	Headline News		The Simpsons	Spongebob	Star Trek: Voyager		
4:30PM	Jeopardy	Pacific Report	Tavis Smiley		Raymond	E.T.	Fairly Oddparents	Hercules	
5:00PM	Access Hollywood	PGA	Hardball with Chris Matthews		Lost	Movie: Crouching Tiger, Hidden Dragon	Chalkzone		
5:30PM	ESPNews	American Express	O'Reilly Factor		Kevin Hill		American Dragon		
6:00PM	Pacific Report	Championship: 2nd Round	Nightline		The Daily Show		Movie: <:10> Anger Management	Jimmy Neutron	Access Hollywood Weekend
6:30PM	The Simpsons	Dateline NBC	Business Report					Even Stevens	
7:00PM	King of the Hill	CNN Saturday Morning	Will & Grace			What I like About You		ESPNNews	
7:30PM	Survivor: Guatemala	SportsCenter	Seinfeld			Switched!		George Lopez	
8:00PM	The Apprentice	SportsCenter	CNN Saturday Morning		Blind Date	Movie: Changing Lanes	O'Grady	One On One	
8:30PM	W/ Jay Leno				Fresh Prince		Cold Case		
9:00PM	The Late Show				Family Ties				

HELP WANTED

KRS has the following job openings. For contract hire positions, call Marie Dixon, 51300. For all others, call Jack Riordan, 55154. Full job descriptions and requirements are on line or at Human Resources, Building 700.

MAIL CLERKS. Two positions open. Full time. HR Req. K030958, K030959.

ADMINISTRATIVE ASSISTANT, Child Development Center. Strong computer and communication skills required.

INSTRUCTOR, Child Development Center. Casual. HR Req. K030955.

TRAINING COORDINATOR II. Temporary 90-day position. Contract position. HR Req. 031119.

REGISTERED NURSE, Kwajalein Hospital. Casual. HR Req. K030935.

RECREATION AIDE II, Small Boat Marina. Casual position. HR Req. K030927 and temporary position, HR Req. K030926.

RECREATION SPECIALIST I, Roi Small Boat Marina. Casual position. HR Req. K030928.

RECREATION AIDE II, Roi Recreation. HR Req. K030921.

CDC AIDE, Child Development Center. Casual. HR Req. K030929.

MECHANIC I, Kwajalein Automotive. Two positions. Full time. HR Req. K030332 and HR Req. K030641.

PRODUCTION CONTROL CLERK I, Kwajalein Automotive. Full time. HR Req. K030630.

AUTO BODY TECHNICIAN I, Kwajalein Automotive. Three positions. Full time. HR Reqs. K030640, K030783, K030883.

TOOL ROOM ATTENDANT II, Kwajalein Automotive. Full time. HR Req. K030895.

RECREATION AIDE I, Roi Community Activities. Casual. Two positions. HR Reqs. K030755, K030756. Enniburr applicants should apply to Tim Lykes.

SPORTS OFFICIALS, Kwajalein Community Activities. Casual. Five positions. HR Reqs. K030870, K030888, K030903, K030904, K030909.

RECREATION AIDE I, Kwajalein Community Activities. Casual. Two positions. HR Reqs. K030813, K030886.

LIFEGUARDS, Kwajalein Community Activities. Casual. Two positions. HR Reqs. K030884, K030885.

PAINTER II, Roi Operations. Full time. HR Req. K030761. Enniburr applicants should apply to Floyd Corder.

UNIVERSITY OF MARYLAND:

ADJUNCT INSTRUCTOR to teach an eight-week term in the near future. If you have a master's degree and would like to know more about this unique opportunity, call Susannah, 52800 or e-mail at sjones@asia.umuc.edu.

FIELD REPRESENTATIVE. Fulfill all duties and responsibilities expected of a field representative. Perform other duties as assigned by the area director. Must maintain a professional image at all times. Must be attentive to detail, self-motivated, responsible and show initiative. Must have excellent communication

and interpersonal skills. Call Susannah Jones, 52800, 1-5 p.m., Tuesday-Saturday, or e-mail sjones@asia.umuc.edu.

WANTED

VIOLIN/FIDDLE teacher. Call John, 55959.

TUTOR TO assist adult woman with computer skills. Call 54352.

BLACK TOP hat to borrow for night and oil for indoor oil lamp. Call 52527.

LOST

NIKE AIR FORCE One shoes, white, at adult pool. Call 54551.

FOUND

CHILDREN'S GLASSES. Call Robert Butler, 53787.

EYE GLASSES, tortoise shell, prescription, designer Chateau, in alley between Lagoon Road and Poinsettia Street. Call 54352.

FOR SALE

50-GALLON FISH TANK with hood and accessories, \$200; 9-foot by 12-foot carpets, one red, one green, \$50 each; tan rug, \$40. Call 52843.

HOME GYM, includes set of weights from 45 to 2.5 pounds, set of dumbbells from 8 to 45 pounds, dumbbell bar, two curl bar, three straight bar, two body belts, bench and weight frame, \$300. Call Gerry, 52046 work or 55189 home.

GREEN IVY iron double four-post bed, includes mattress and box springs, great for teen girl, \$250. Call 52725.

PANASONIC five-disc DVD and compact disc player, \$100; Panasonic hi-fi video cassette recorder, \$100. Available Sunday. Call 52368.

TWO HUFFY bicycles, one four months old and the other in Kwaj condition, both with baskets/saddlebags, \$25-\$50. Call 54352.

CONSOLE GAMES. For Playstation 2: *Finding Nemo*, *Sponge Bob*, *Corvette*; for Game Cube: *Lord of the Rings*, *Third Age*, *Sonic Heroes*, *Tony Hawk Underground*; for X-Box: *NCAA football*, *Fantastic 4*, *Spiderman 2*, *Spiderman*. Call 52517.

BEAUTIFUL WROUGHT IRON chandelier, \$100; computer desk with keyboard and compact disc storage, \$175; entertainment center, \$175; bookcase, \$90; television/microwave cabinet, \$90; various wall hangings and prints; table lamp, \$30; various Waterford pieces; Trek 1000 men's aluminum frame bike, \$180; storage units, \$180 each. Call Sherry, 52295, home or 53364, work.

MICROWAVE OVEN, \$65; two blue barrel planters, \$10 each. Call 51376.

26.5-FOOT CROWLINE, 5.7-liter V8 inboard with Bravo II stern drive, excellent condition, V-berth, quarter-berth, table, stove, deck and cabin stereo, full bathroom with shower, fridge, full canopy, deck shower, 15-horsepower kicker, lots of extras, anchors, bumpers, gas grill, cover, boat toys, boat lot, boat house, too much to list, \$36,000. Call John, 52582, home or 58331, work.

COMPUTER DESK and file cabinet, \$100; La-Z-Boy recliner with ottoman, \$100; mini-stereo Akai compact disc/tape, \$75; solid maple television trays, \$30; curtains for 400-series house and trailer, \$15 each set; blinds for five windows in 400-series house,

\$15 for all. Call 51368.

COLUMBIA 26-FOOT sailboat, fiberglass hull, 5-horsepower Nissan outboard, cradle, mooring, boathouse and all contents and equipment, \$15,000. Call 54237 and leave a message.

28-FOOT SAILBOAT with full set of sails, head, sink, stove new chain and mooring lines, new cushion covers, inflatable dinghy and solar panel, in good condition, a pleasure to sail and overnight on, \$20,000 or best offer. Motivated seller. Call Brian, 52608.

36-FOOT CATAMARAN, Fusion, in the water and ready to sail, includes 15-horsepower kicker, global positioning system, solar panels, fresh water shower, awning, haulout trailer, propane barbecue, sails, bonus new 12-foot dinghy with 9.9 horsepower Yamaha. \$16,500 for all or \$12,000 for catamaran and \$5,000 for the dinghy. Call 59576.

COMMUNITY NOTICES

PRIME RIB dinner will be served 4:30-7 p.m., tonight at Café Pacific. Their chefs will also prepare lemon herb-roasted chicken and noodles Romanoff. Families are welcome. Adults, \$14.75. Children under 12, \$9.

THE JUNIOR/SENIOR High School Band and Choir Concert is at 7 p.m., Thursday, in the Davye Davis Multi-Purpose Room at the high school. The concert will feature the Concert Band, Choir, Junior Band and Stage Band.

KWAJALEIN AMATEUR Radio Club meeting is at 7 p.m., Thursday, at the Ham Shack. All interested parties are invited.

THE YOKWE YUK Women's Club invites all newcomers and current members to an evening of wine, cheese and desserts 7-9 p.m., Friday, at the home of Judi Theriault, Quarters 219-B. In recognition of Breast Cancer Awareness Month, wear something pink. Bring a friend.

VOLLEYBALL season is coming. Registration for the main volleyball season will be until Oct. 14. Register your team at Community Activities, Building 805. Registration fee is \$150 per team. The managers' meeting is at 5:30 p.m., Oct. 14, in the library conference room. Questions? Call Billy, 53331.

TRAINING FOR SWIMMING judges, timers and officials will be Oct. 14-17. For schedule and to sign up, call Cris, 52935. Sponsored by Kwajalein Swim Team and FINA.

THE U.S. ARMY Kwajalein Atoll/Kwajalein Range Services Safety Showcase will kickoff with lunch paid for by KRS at 11:30 p.m., Oct. 15 at the Richardson Theater followed by an awards presentation. Then, at 1:30 p.m., participants will tour a variety of informational and fun displays set up in the adjacent field. Participants will return to the Richardson at 3:30 p.m. to attend closing ceremonies. All non-essential workers are expected to attend this event.

THE ORTHODONTIST, Dr. Picard, will see patients Oct. 18-21. For an appointment, call the Dental Clinic, 52165.

THE SKATE PARK is now open. The park will remain open as long as all safety rules are followed. Remind others to follow the rules so everyone can continue to enjoy the park.

REGISTER TO be a volleyball scorekeeper. No experience necessary, just attend the clinic to learn the basics of the scorebook and scorecard. The clinic will be at 5:30 p.m., Oct. 21, in the Corlett Recreation Center gym. Anyone interested must attend the clinic to be considered



Attention golfers

In support of the Kwaj Open Golf Tournament, non-tournament starting times will be as follows:

After 2 p.m., Sunday

After 2 p.m., Monday

In support of the Columbus Day Run, no starting times will be available until after 8 a.m. Questions? Call Bob Butz, 53768.

for the position. Questions? Call Billy, 53331.

REGISTER TO be a volleyball official. Experience a plus, but not necessary. An officials' clinic will be held at 6:30 p.m., Oct. 21, at the Corlett Recreation Center gym. Learn the mechanics and rules of the game. Anyone interested must attend the clinic to be considered. It's a great way to earn some extra money. Questions? Call Billy, 53331.

VOLLEYBALL BEGINNER'S Clinic. Do you want to play volleyball but are new to the game? Do you want to refresh some rusty game skills? A beginner's volleyball clinic will be held at 6 p.m., Oct. 22, at the Corlett Recreation Center gym. We will go over basic rules, skills and stretching. For more information, call Billy, 53331.

TAPE ESCAPE has a scratch removal service for discs to improve the quality of movies, games or music. The cost is \$2 per disc.

DO YOU WANT to give something back? Are you interested in being a sponsor for an Ebeye team playing in our adult athletics program? Here is your chance to do a good deed and help the sporting spirit on Kwajalein. For more information or to volunteer, call Billy Coley, 53331.

ATTENTION KWAJALEIN and Roi treasure hunters, divers and reef sweepers. Explosive Ordnance Disposal is conducting an ordnance recovery amnesty program. The EOD team will assist you in determining whether your treasure is safe or hazardous. If you or someone you know has any ordnance items or items of concern, contact EOD, 51433, from 8 a.m. to 3 p.m., Tuesday-Saturday.

WEEKEND BREAKFAST AT Café Pacific is now served until 10 a.m., Sunday and Monday. Families are welcome. Weekend hours are Sundays: breakfast, 7-10 a.m., brunch, 11 a.m.-1 p.m., dinner, 4:30-7 p.m. Mondays: breakfast, 6-10 a.m., brunch, 11 a.m.-1 p.m., dinner from 4:30-7 p.m.

CRAFT FAIR vendor applications are available at the Art Annex or on the mini-mall bulletin board. Vendors are required to have a U.S. Army Kwajalein Atoll commercial license. Mail the application to Kwajalein Art Guild, P.O. Box 119, Local. The Holiday Bazaar and Craft Fair will be 10 a.m.-2 p.m., Nov. 7, in the Corlett Recreation Center gym. Questions? Call Kathy Campbell, 54613, after 5 p.m., or Lexy Galloway, 54240.



Join Café Pacific for their celebration,
11:30 a.m.-1 p.m., Thursday

The menu will include Ropa vieja, chorizo enchilada casserole, chicken fajitas, Spanish rice, Tex-Mex vegetable medley and corn tortilla soup

Hispanic Heritage Month

Small Boat Marina

Winter Hours



Starting Oct. 31,
8-6 p.m., Sundays, Mondays
and holidays.

Closed on Tuesdays/Wednesdays
9 a.m.-6 p.m., Thursday/Saturday



EFFECTIVE IMMEDIATELY, sales of over-the-counter medications will not be handled by Kwajalein Hospital's pharmacy. Ten-Ten Store, Surfway and Gimbel's will sell the non-prescription medications. There will be no difference in prices. This measure will allow pharmacy personnel to devote more time to stocking, dispensing and counseling on prescription medications.

Laugh! That's an Order!



Evan Sayet

with the AFE
comedians,
at 9 p.m.,
Oct. 15, at
the Yuk Club



Debbie Praver

Sponsored by
Community Activities
and Armed Forces
Entertainment.

Must be 21 to enter • No cover charge • No drink minimum

MARSHALLESE, from Page 5

[From it] we can make houses, mats, plates, bowls, charcoal to make fire, coconut oil, candy, toys, hats."

Marshallese stories took the form of chanting, or 'Ro-Ro,' in Room 1 thanks to Landso Lanwe, who invited students to give it a try.

Holding a large shell blown once to indicate war or an announcement from the landlord, Lanwe told the story of a shell that lives on a reef, choosing to stay there no mat-

ter the tides. Making the analogy, he said, "just do like a shell – have strong feet."

Enjoying a coconut at the celebration, Dick Shields, teacher of instrumental music, recalled a time when Kwajalein students, including his own, could graduate knowing little about Marshallese culture. Their exposure to it, if any, was not by way of the schools.

He attributes the shift to the Ebeye Guest Student Program, now in

its 19th year.

"It's evolved for us to get that influence throughout the school. Now high school kids have the opportunity to teach their culture to their little brothers and sisters," Shields explained.

Of Manit Day, he said with a smile, "Every kid is going to take away something from today...Every kid that leaves here knows what's inside of a coconut and knows just how sticky it is."

Courtesy of RTS Weather

Tonight: Mostly cloudy with scattered showers. **Winds:** SE-S at 5-10 knots.

Thursday: Variably sunny with scattered showers. **Winds:** S-SW at 5-10 knots.

Friday: Partly sunny with widely scattered showers. **Winds:** SSE-SSW at 5-10 knots.

Saturday: Partly sunny with widely scattered showers. **Winds:** SE-E at 7-12 knots.

Annual rain total: 45.77"
Annual deviation: -25.97

Call 54700 for updated forecasts
or www.rts-wx.com



Sun • Moon • Tides



	Sunrise/set	Moonrise/set	High Tide	Low Tide
Thursday Oct. 6	0637/1837	0833/2032	0520, 5.2' 1740, 5.6'	1120, 0.6' 2350, 0.7'
Friday Oct. 7	0637/1837	0926/2120	0550, 4.9' 1800, 5.4'	1150, 0.8'
Saturday Oct. 8	0637/1836	1023/2214	0620, 4.5' 1840, 5.2'	0020, 1.0' 1210, 1.1'